




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-331-6158. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 1-800-331-6158 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$300 per person / \$900 per family	Generally, you must pay all of the costs from provider up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Yes. Teladoc and preventive care services are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	Medical : \$3,000 per person / \$10,000 per family. Prescription drugs: \$1,500 per person / \$3,000 per family.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums , balance-billing charges, out-of-network (Non-PPO) coinsurance charges, health care this plan doesn't cover, non-formulary prescription drugs , expenses in excess of usual, customary and reasonable (UCR), penalties for failure to follow preauthorization requirements, vision and dental benefits.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See www.premera.com/sharedadmin or call 800-810-BLUE (2583) for a list of network providers . Teladoc.com/Premera 1-855-332-4059.	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such

Important Questions	Answers	Why This Matters:
		as lab work). Check with your provider before you get services. Participants will only be liable for the in-network cost share for non-network emergency services, non-network providers at in-network facilities, and non-network air ambulance services.
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without a referral.

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 copay /visit	\$25 copay /visit plus 30% coinsurance of the Allowed Charge	All services must be medically necessary. Copay and deductible waived for Teladoc visits. Massage therapy, chiropractic and acupuncture limited to a combined maximum of 25 visits per calendar year. No annual maximum.
	Specialist visit			
	Preventive care/screening/immunization	No charge Deductible does not apply.	30% coinsurance of the Allowed Charge	Preventive benefits are HHS and CDC recommendations. Preventative services provided outside these recommendations are subject to applicable copays and coinsurance . You may have to pay for services that aren't preventive . Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No charge	30% coinsurance of the Allowed Charge	Covered under the inpatient hospital benefit if done inpatient or as a prerequisite to surgery.
	Imaging (CT/PET scans, MRIs)			
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.express-scripts.com	Generic drugs	Retail: \$10 copay /prescription Mail: \$10 copay /prescription	Member pays out pocket and must submit to Express Scripts for reimbursement. In-network co-pays apply.	Copay waived for generic FDA approved contraceptives. Generic and preferred brand coverage limited to drugs listed on High Performance Formulary. No mail benefit for non-preferred brand drugs. Covers up to a 30-day supply for a retail prescription and up to a 90-day supply
	Preferred brand drugs	Retail: \$10 copay /prescription Mail: \$10		

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
		copay /prescription		for a mail order prescription. Maintenance medications must be purchased through the Smart90 program or through mail order to receive a 90-day supply of a maintenance medication. Specialty medications must be purchased through Accredo Specialty Pharmacy. Rx annual <u>out-of-pocket maximum</u> is \$1,500 per person and \$3,000 per family
	Non-preferred brand drugs	Retail: 50% coinsurance Mail: 50% coinsurance		
	Specialty drugs	Same as generic/brand benefit		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	30% coinsurance of the Allowed Charge	None
	Physician/surgeon fees	No charge	30% coinsurance of the Allowed Charge	None.
If you need immediate medical attention	Emergency room care	\$50 copay /visit	\$50 copay /visit	Copay waived if admitted within 24 hours.
	Emergency medical transportation	30% coinsurance of the Allowed Charge	30% coinsurance of the Allowed Charge	None
	Urgent care	\$25 copay /visit	\$25 copay /visit plus 30% coinsurance of the Allowed Charge	None
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	30% coinsurance of the Allowed Charge	Preauthorization is required. If preauthorization is not obtained, the reimbursement rate will be 50%.
	Physician/surgeon fees	No charge	30% coinsurance of the Allowed Charge	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$25 copay /visit	\$25 copay /visit plus 30% coinsurance of the Allowed Charge	None
	Inpatient services	No charge	30% coinsurance of the Allowed Charge	Preauthorization and completion of inpatient program is required. If preauthorization or the treatment program is not completed, the reimbursement rate will be 50%.
If you are pregnant	Office visits	\$25 copay /visit	\$25 copay /visit plus 30% coinsurance of the Allowed Charge	<u>Cost-sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, a <u>copayment</u> or <u>coinsurance</u> may apply.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Childbirth/delivery professional services	No charge	\$25 copay /visit plus 30% coinsurance of the Allowed Charge	Ultrasound payable as a diagnostic test. Office visits are generally included in global fee for delivery. Maternity benefits for a pregnant dependent child are limited to preventive prenatal and post-natal treatment and treatment of a complication of pregnancy. No coverage for the child of a dependent child.
	Childbirth/delivery facility services	No charge	30% coinsurance of the Allowed Charge	No coverage for a dependent child or child of dependent child.
If you need help recovering or have other special health needs	Home health care	No charge	30% coinsurance of the Allowed Charge	None
	Rehabilitation services	No charge	30% coinsurance of the Allowed Charge	None
	Habilitation services	\$25 copay /visit	30% coinsurance of the Allowed Charge	Habilitative services limited to neurodevelopment treatment of a mental health condition or congenital birth defect.
	Skilled nursing care	No charge	30% coinsurance of the Allowed Charge	Maximum of 90 days.
	Durable medical equipment	20% coinsurance of the Allowed Charge	30% coinsurance of the Allowed Charge	Rental or purchase of medically necessary equipment. Cost of rental covered up to purchase price.
	Hospice services	No charge	30% coinsurance of the Allowed Charge	Limited to 30 days inpatient/6 months outpatient.
If your child needs dental or eye care	Children's eye exam	If separate vision plan: costs in excess of \$60. Otherwise, \$25 copay for preferred/30% coinsurance of Allowed Charge for non-preferred provider.		Benefit limited to once every 12 months. Benefit applicable to children up to age 18.
	Children's glasses	Only if provided in the collective bargaining agreement. Lens: Costs in excess of \$60 single vision \$85 bifocal / \$120 trifocal Frames: Costs in excess of \$100		Frame benefit limited to once every 24 months. Lens benefit limited to once every 12 months. Benefit applicable to children up to age 18.
	Children's dental check-up	up to 30% of Allowed Charge	Preferred provider coinsurance amount plus any amount in excess of Allowed Charge	Only if provided in the collective bargaining agreement. Benefit applicable to children up to age 18. Older children and adults subject to annual maximum of \$2,000/non-preferred

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
				provider or \$2,500/preferred provider.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .)			
<ul style="list-style-type: none"> Benefits when Medicare is or could be primary. (This exclusion applies if you are eligible to enroll in Medicare, but fail to do so.) Cosmetic Surgery (except to correct function disorder) 	<ul style="list-style-type: none"> Expenses resulting from work related conditions Hearing Aids Infertility treatment Injury or Illness for which a third-party may be responsible 	<ul style="list-style-type: none"> Long-term care Pregnancy for a dependent child Private duty nursing Routine foot care 	

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
<ul style="list-style-type: none"> Acupuncture Bariatric Surgery Chiropractic Care 	<ul style="list-style-type: none"> Dental Care (Adult – if provided for in your CBA) Non-emergency care when traveling outside the U.S. (care must be medically necessary and considered standard care in the U.S.) 	<ul style="list-style-type: none"> Routine eye care (Adult) Weight loss programs 	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform and Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. You may also contact the Trust Administration Office at 1-800-331-6158.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-331-6158.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-331-6158.

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$300
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$150
Copayments	\$30
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$240

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$300
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$150
Copayments	\$400
Coinsurance	\$100
<i>What isn't covered</i>	
Limits or exclusions	\$20
The total Joe would pay is	\$670

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$300
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$150
Copayments	\$200
Coinsurance	\$300
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$650

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.